

No Roots

Choreographer : Dwight Meessen
Walls : 2 wall line dance
Level : Intermediate
Counts : 64
Info : 120 Bpm - Intro 24 counts
Music : "No Roots" by Alice Merton (album: No Roots)



Out Out, Hold, Ball Cross, Side, Sailor ¼ L, Cross, Point

&1-2 RF step side (out), LF step side (out), hold
&3-4 RF step back to center on ball foot, LF cross over, RF step side
5&6 LF ¼ left cross behind, RF step beside, LF step slightly forward
7-8 RF cross over, LF point side [9]

Out Out, Hold, Sailor, Sailor ¼ R Into Pivot ½ L, Fwd

&1-2 LF step side (out), RF step side (out), hold
3&4 LF cross behind, RF step beside, LF step side
5&6 RF ¼ right cross behind, LF step beside, RF step slightly forward
7-8 R+L ½ turn left, RF step forward [6]

Rock Fwd Recover, Back, Point, Ball Fwd, Fwd, Out Out, Cross

1-4 LF rock forward, RF recover, LF step back, RF point forward
&5-6 RF step beside on ball foot, LF step forward, RF step forward
&7-8 LF step side (out), RF step side (out), LF cross over [6]

Out Out, Cross, Unwind ½ L, Behind, ¼ R Fwd, Pivot ½ R, Triple Full Turn R

&1 RF step side (out), LF step side (out)
2-3 RF cross over, R+L ½ turn left
2-3: *bounce slightly*
4& LF cross behind, RF ¼ right step forward
5-6 LF step forward, L+R ½ turn right
7&8 LF ½ right step back, RF ½ right step forward, LF step forward [9]

Heel Switches, Coaster, Toe Switches, Behind, ¼ R Fwd, Fwd

1&2 RF heel forward, RF together, LF heel forward
3&4 LF step back, RF together, LF step forward
5&6 RF point side, RF together, LF point side
7&8 LF cross behind, RF ¼ right step forward, LF step forward [12]

Rock Fwd Recover, Ball Rock Fwd Recover, Ball Pivot ½ L, Shuffle Fwd

1-2 RF rock forward, LF recover
&3-4 RF step beside on ball foot, LF rock forward, RF recover
&5-6 LF step beside on ball foot, RF step forward, R+L ½ turn left
7&8 RF step forward, LF step beside, RF step forward [6]

Sway x2, Half Box Fwd (x2)

1-2 LF step side with hips left, hips right
3&4 LF step side, RF together, LF step forward
5-6 RF step side with hips right, hips left
7&8 RF step side, LF together, RF step forward [6]

Pivot ½ R, Shuffle ½ R, Coaster, Fwd, Scuff

1-2 LF step forward, L+R ½ turn right
3&4 LF ¼ right step side, RF step beside, LF ¼ right step back
5&6 RF step back, LF together, RF step forward
7-8 LF step forward, RF scuff [6]

Start again

Bridge 1:

After the 1st and 3rd wall [6]

Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross

1 *RF step side*

2&3 *LF cross behind, RF step side, LF cross over*

4 *RF step side*

5-6 *LF rock behind, RF recover*

7&8 *LF kick left forward, LF step beside on ball foot, RF cross over*

Side, Behind Side Cross, Side, Rock Behind Recover, Kick Ball Cross

1 *LF step side*

2&3 *RF cross behind, LF step side, RF cross over*

4 *LF step side*

5-6 *RF rock behind, LF recover*

7&8 *RF kick left forward, RF step beside on ball foot, LF cross over*

Bridge 2:

After the 5th wall [6]:

Out Out, Hold, Ball Cross, Hold

&1-2 *RF step side (out), LF step side (out), hold*

&3-4 *RF step on ball foot back to center, LF cross over, hold*