



Down To The Roots

64 Count, 4 Wall, Advanced

Choreographer: Scott Blevins (US) and Fred Whitehouse (UK)

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Choreographed to: Down To The Roots by Saveria

#16 count intro - Sequence: A - B - Tag - A - B - Tag - B - Tag - B - B

Pattern A: 32 counts

S1 Ball, Cross, Unwind, Side, Behind, Side, Cross w/Sweep, Cross, ¼ Back, ¼ Fwd, ½ Back

&1-2-3 (&) Step ball of R to right; 1) Step L across R; 2) Unwind full turn right transferring weight to R; 3) Step L to left [12:00]

4&5-6 4) Step R behind L; &) Step L to left; 5) Step R across L sweeping L forward; 6) Step L across R [12:00]

7-8& 7) Turn ¼ left stepping R back; 8) Turn ¼ left stepping L forward; &) Turn ½ left stepping R back [12:00]

S2 Smoothly Ride The Pony, Behind w/Sweep, Behind, ¼ Fwd, Step, Pivot, Side Rock, Recover, Cross, Side

1&2& 1) Step ball of L to left, shoulder width from R, knees slightly bent, pushing ribs left; &) Push ribs right transferring weight to ball of R; 2) Push ribs left transferring weight to ball of L; &) Step onto R; **Note: Counts 1&2& Should be done on the spot.**

3 3) Step ball of L behind R sweeping R front to back

4&5-6 4) Step R behind L; &) Turn ¼ left stepping L forward; 5) Step R forward; 6) Turn ½ left taking weight on L [3:00]

7&8& 7) Rock ball of R to right; &) Recover to L; 8) Step R across L; &) Step L to left

S3 Behind w/Lift, Behind, Coaster, Rotate, Collect, Forward, Forward, Back

1-2-3&4 1) Step R behind L lifting L knee; 2) Step L behind R; 3) Step R back; &) Step L beside R; 4) Step R forward in front of L

5 5) Keeping feet in place with knees straight, rotate body 3/8 left pushing weight over R [11:00]

6 6) Rotate body ¼ right transferring weight to L as you draw R next to L finally taking weight on R [1:00]

7&8 7) Step L forward; &) Step R a small step forward squaring up to 12 o'clock; 8) Step L back [12:00]

S4 Triple In Place w/Hips 2x, Back Rock, Recover, Side Rock, Recover Step, Pivot, ¼ Point

1&2 1) Step R back; &) Transfer weight forward slightly onto ball of L; 2) Recover to R (1&2 - Hips move smoothly back-fwd-back)

3&4 3) Step L back; &) Transfer weight forward slightly onto ball of R; 4) Recover to L (3&4 - Hips move smoothly back-fwd-back)

5&6& 5) Rock R back; &) Recover to L; 6) Rock R to right; &) Recover to L

7&8 7) Step R forward; &) Turn ½ left taking weight on L; 8) Turn ¼ left pointing R to right [3:00]

Pattern B: 32 counts

S1 Run, 3x, Hitch, Back 3x, Back Paddle w/Shoulder Roll 2x, Behind, ¼ Forward, Forward

1&2&3&4 1& 2) Run forward R-L-R; &) Hitch L; 3&4) Back L-R-L

5&6& 5) Keeping L in place, turn 1/8 right stepping R to right while rolling R shoulder back; &) Transfer weight to L;

6& Repeat counts 5& [6:00]

7&8 7) Step R behind L; &) Turn ¼ left stepping L forward; 8) Step R forward [3:00]

S2 Pivot, ½ Back, Back w/Drag, Coaster, Shimmy w/Snap, Dip, Close

1&2 1) Turn ½ left taking weight on L; &) Turn ½ left stepping R back; 2) Big step L back dragging R heel [3:00]

3&4 3) Step R back; &) Step L beside R; 4) Step R forward

5&6 5) Step L to left pushing R shoulder forward; &) Push R shoulder forward again; 6) Snap L fingers up lifting R foot out to right

7-8 7) Step R to right dipping down with hands on knees (sumo wrestler); 8) Stand up stepping L beside R

S3 Fwd w/Clap/Brush, ½ w/Clap/Brush, Run 3x, ½ Bounce w/Kick, Fwd, Fwd, ½ Back, ¼ Big Step w/Drag

1&2 1) Bringing hands chest level step R fwd clap/brush R hand fwd against L hand; &2) Keeping weight on R gradually turn ½ left as you clap/brush R hand back against L hand and then clap/brush R hand fwd against L hand [9:00]

3&4 3) Run L fwd crossing hands in front of pelvis with fingers pointing down; &) Run R fwd bringing hands out beside hips palms facing fwd; 4) Run L fwd bringing hands up beside ears palms up, forearms facing forward, fingers pointing back

5&6 5) Keeping weight on L turn ¼ right bouncing heels and pushing palms up; &) Repeat count 5; 6) Kick R fwd [3:00]

&7&8 (&) Step R forward; 7) Step L fwd toe out; &) Turn ½ left stepping R back; 8) Turn ¼ left stepping L big to left dragging R [6:00]

S4 Cross, Back, Side, Cross Triple, Side Together Side, Touch, Side w/Snake, Touch

1&2-3&4 1) Step R across L; &) Step L back; 2) Step R to right; 3) Step L across R; &) Step ball of R to right; 4) Step L across R

5&6& 5) With knees relaxed step R to right opening knees; &) Step L beside R closing knees; 6) Repeat count 5; &) Touch L beside R

7-8 7) Step L to left (style with snake left); 8) Touch R beside L [6:00]

Tag: 1st Tag = 1-8 below facing [6:00] ~ 2nd Tag = 1-4 below facing [12:00] ~ 3rd Tag = 5-8 below facing [3:00]

TAG Side Together Side, ,Touch, Side w/Snake, Touch, Walk Around

1-4 1- 4) Repeat counts 29-32 of Pattern B

5-8 5) Turn ¼ right stepping R fwd; 6) Turn ¼ right stepping L fwd; 7) Turn ¼ right stepping R fwd; 8) Turn ¼ right stepping L fwd

Ending: End on 20 of Pattern B facing [12:00]. Replace count 20 with: Lunge L fwd w/hands in front of face opening hands like curtains.

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